

Level Up

GUIDE

LEADERSHIP
BLINDSPOTS
W/JOHN BARRETT

LEVEL UP



SESSION SUMMARY:

Every leader has strengths. Every leader has weaknesses. But the greatest threat to your leadership isn't what you see—it's what you don't see. Blind spots are the hidden habits and unnoticed behaviors that quietly undermine your influence. The challenge? You're often the last person to recognize them. In this new video, you'll discover how blind spots can cancel out even your best efforts if you ignore them. You'll also learn how to begin uncovering them through intentional feedback, building a culture of trust, and taking simple steps that put you on the path to greater clarity and impact. If you want to grow your influence, strengthen relationships, and lead with greater effectiveness, this is a message you can't afford to miss. Enjoy!

GROUP QUESTIONS:

- What's the difference between a weakness and a blind spot, according to the video, and why are blind spots potentially more dangerous?
- Can you share an example of a time when you discovered a blind spot in your own life or leadership? How did you become aware of it?
- Why do you think we tend to be defensive when someone points out a potential blind spot?
- John suggests asking team members, 'What do you need more from me? What do you need less from me?' How comfortable would you be asking these questions, and what makes them challenging?
- How might a team help each other identify and address blind spots in a constructive way?
- What are some practical ways we can create an environment where people feel safe giving honest feedback?
- John emphasizes that we must 'do something' with the feedback we receive. What makes it difficult to act on feedback about our blind spots?
- How might addressing our blind spots improve not just our leadership but our overall success?

APPLICATION:

This week, challenge yourself to have a blind spot conversation with someone you trust. Ask them to share one thing you might not see about yourself that could be limiting your effectiveness or relationships. Commit to listening without defending, thanking them for their honesty, and reflecting on their feedback before responding. Then, identify one specific action you can take to address what you've learned.