



THE
JOHN BARRETT
LEADERSHIP PODCAST



LEADER GUIDE



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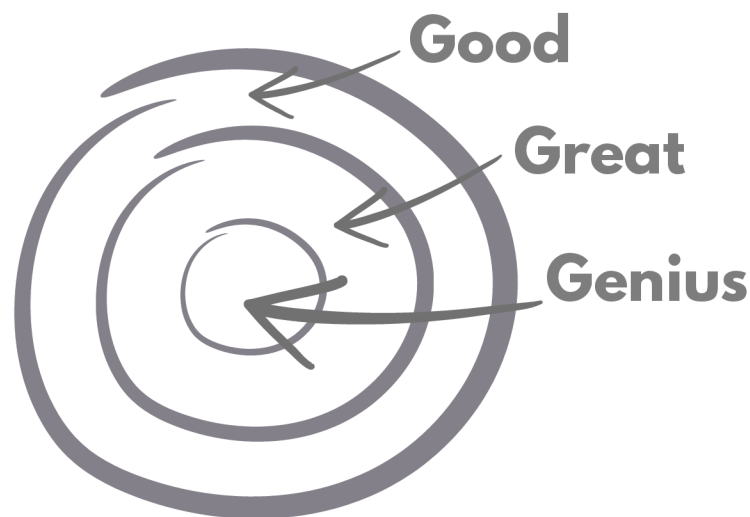
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Notes

Episode 54: The Strength Zone Circle

According to a recent Gallup report on employee engagement, 50.8% felt as though they were not being utilized to their fullest potential.



THE STRENGTH ZONE CIRCLE

Only _____ What Only _____ Can Do



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Reflection

Episode 54: The Strength Zone Circle

Episode Summary:

The Strength Zone Circle framework helps leaders maximize their impact by focusing on their natural talents rather than trying to improve weaknesses. This concept consists of three zones: the Good Zone (competencies), the Great Zone (excellence), and the Genius Zone (exceptional abilities). By identifying your 1-3 core genius abilities and spending most of your time there, you create significantly more value. The key principle is to only do what only you can do, delegating tasks that others can handle at 80% of your capability. This approach not only increases your effectiveness but also creates more fulfillment and prevents burnout.

Reflection Questions:

- John Barrett claims that 9 out of 10 leaders are doing too much. Do you feel this is true in your own life? In what areas might you be overextended?
- The podcast describes three zones: good, great, and genius. What do you think falls into your 'genius zone'—those 1-3 things where you uniquely excel?
- Barrett says, 'Only do what only you can do.' How might applying this principle change your daily schedule and responsibilities?
- How does focusing on improving weaknesses versus developing strengths affect your energy levels and sense of fulfillment?
- The podcast mentions that half of employees don't feel utilized to their fullest potential. Have you experienced this in your work or ministry? How did it affect you?
- What practical steps could you take this week to delegate tasks outside your genius zone and focus more on your core strengths?