



THE
JOHN BARRETT
LEADERSHIP PODCAST



LEADER GUIDE



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Notes

Episode 53: Why Great Leaders Aren't Always Available

As your _____ goes up, your _____ goes down.

How To Be Strategically Unavailable:

1) Create _____ Blocks

2) Communicate The _____

3) Lead With _____

4) Celebrate _____



Reflection

Episode 53: Why Great Leaders Aren't Always Available

Episode Summary:

In this podcast episode, you'll discover the power of strategic unavailability as a crucial leadership skill. You've probably been told that great leaders are always available—but that's a toxic myth. Constant availability decreases your productivity and stalls your team's development. True leadership isn't about rescuing people at every turn—it's about developing them. When you allow your team to struggle through problems, you give them the gift of growth and independence, turning dependent followers into self-sufficient problem-solvers. You'll also learn four key strategies you can put into practice. By applying these, you'll build a culture of self-starters who can think independently. The result? A scalable organization that doesn't depend solely on you for every decision.

Reflection Questions:

- In what areas of your leadership do you find yourself constantly rescuing rather than developing others?
- How do you currently balance being available to your team while still protecting time for deep work?
- What's your reaction when someone brings you a problem without any proposed solutions? How might you respond differently?
- How comfortable are you with allowing your team members to struggle through challenges? What makes this difficult?
- In what ways might your constant availability actually be hindering the growth of those you lead?
- How effectively do you communicate the 'why' behind your leadership decisions? How could you improve?