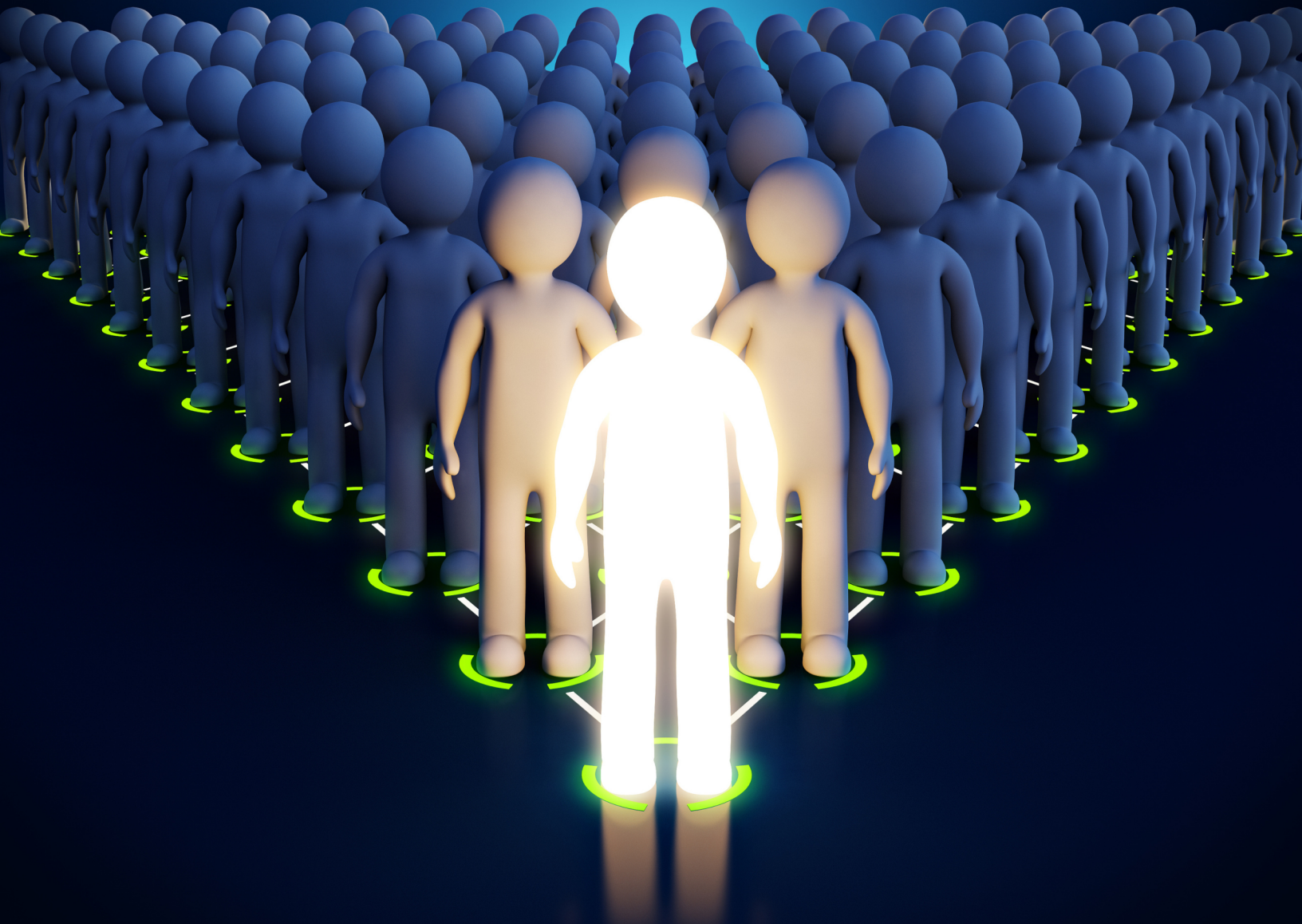




THE
JOHN BARRETT
LEADERSHIP PODCAST



LEADER GUIDE



LEADER GUIDE



Notes

Episode 45: The H.E.A.R.T. of a Leader

"To measure a leader, put a tape around his heart, not his head."
~ John Maxwell ~

A leader touches a _____ before they ask for a
_____.

H = _____

E = _____

A = _____

R = _____

T = _____



Reflection

Episode 45: The H.E.A.R.T. of a Leader

Episode Summary:

In this month's episode, I discuss the essence of leadership, emphasizing the importance of having the 'heart of a leader.' The metaphor of a lion illustrates how leaders should be courageous, strong, and true to their nature. I share a story about a lion that forgot its identity due to external pressures, paralleling how leaders can lose sight of their potential. Leadership is about who you are, not just what you do, and it highlights the significance of caring for people, adding value, and building trust. I encourage leaders to honor, encourage, and relate to their people, as these actions foster a supportive environment where individuals can thrive and, in turn, elevate the organization.

Reflection Questions:

- What does it mean to have the 'heart of a leader'?
- How can leaders ensure they don't lose sight of their true potential?
- Why is it important for leaders to care for their people?
- How can leaders add value to their team members?
- What role does trust play in effective leadership?
- Can you share an example of a leader who inspired you through their actions?
- How can leaders balance the need for results with the need to care for their team?
- What steps can we take to become leaders who inspire and uplift others?