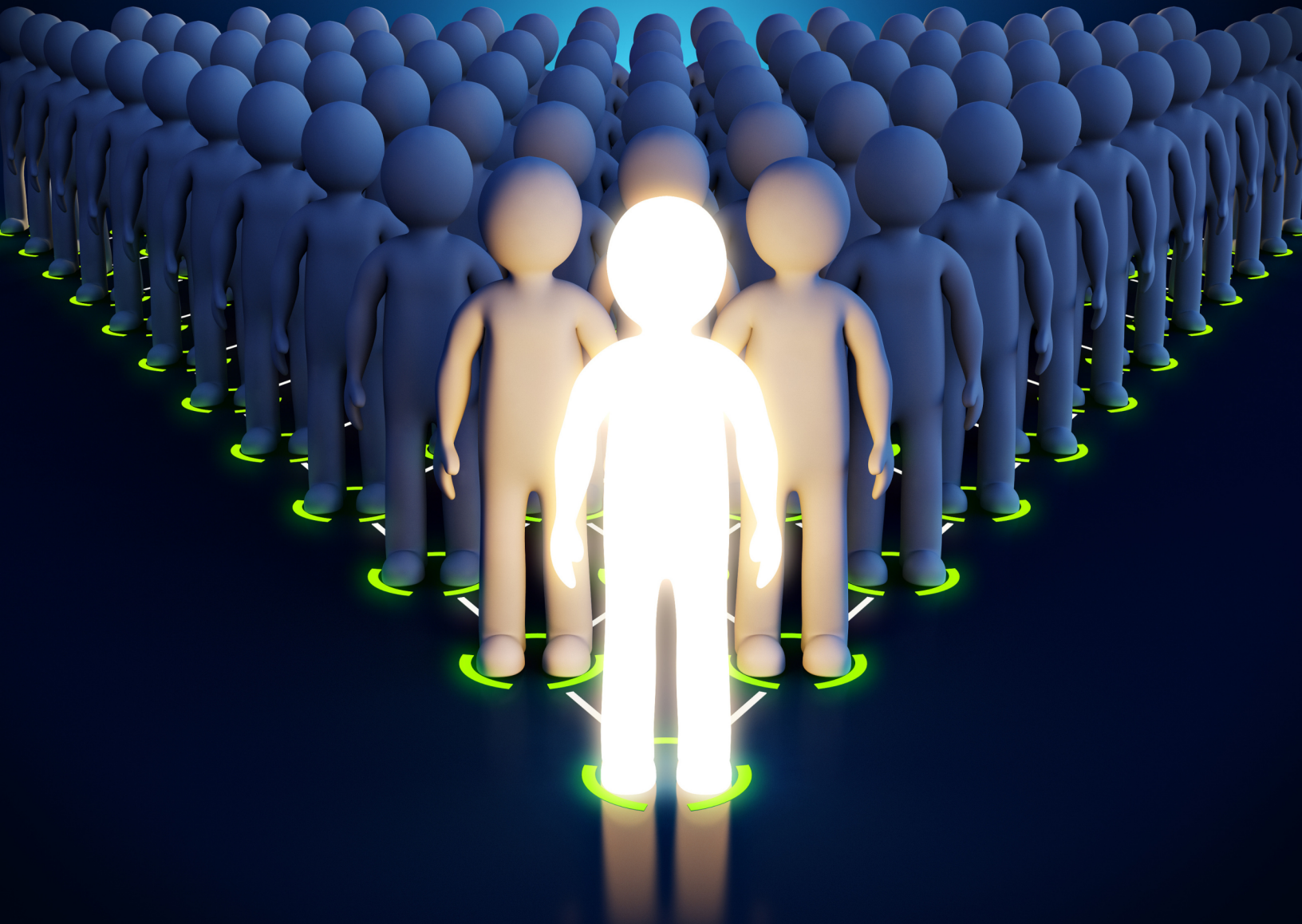




THE
JOHN BARRETT
LEADERSHIP PODCAST



LEADER GUIDE



LEADER GUIDE



Notes

Episode 40: 4 Simple Ways To Connect With Others

The ability to connect with people is a leader's greatest trait. All things being equal, it's the leader who is able to relate with people that wins greater influence.

1) _____

2) _____

3) _____

There are two kinds of people when it comes to relationships:

- Here I am Type People
- There You Are Type People

4) _____

5) _____



Reflection

Episode 40: 4 Simple Ways To Connect With Others

Episode Summary:

In this episode, John Barrett emphasizes the importance of leaders being able to connect with people, which he considers the greatest leadership trait. He dispels the myth that only extroverts can connect effectively, highlighting that introverts can also excel in leadership by mastering connection. Barrett outlines four simple yet challenging ways for leaders to connect with their teams: slowing down, looking up, spotlighting others, and finding one thing in common. He stresses that these methods are crucial for building relationships, trust, and, ultimately, a successful team.

Reflection Questions:

1. How can we, as leaders, make time to slow down and connect with our team members?
2. What are some practical ways we can "look up" and be more observant of the needs and emotions of those around us?
3. Share a time when someone put the spotlight on you and how it made you feel. How can we replicate that positive experience for others?
4. Discuss the importance of finding common ground with others. Can you share an example of when this helped you build a relationship?
5. How can introverted leaders leverage their unique qualities to connect with their team?
6. What are some barriers that prevent us from connecting with others, and how can we overcome them?
7. How does connecting with people on a personal level contribute to the success of a team or organization?