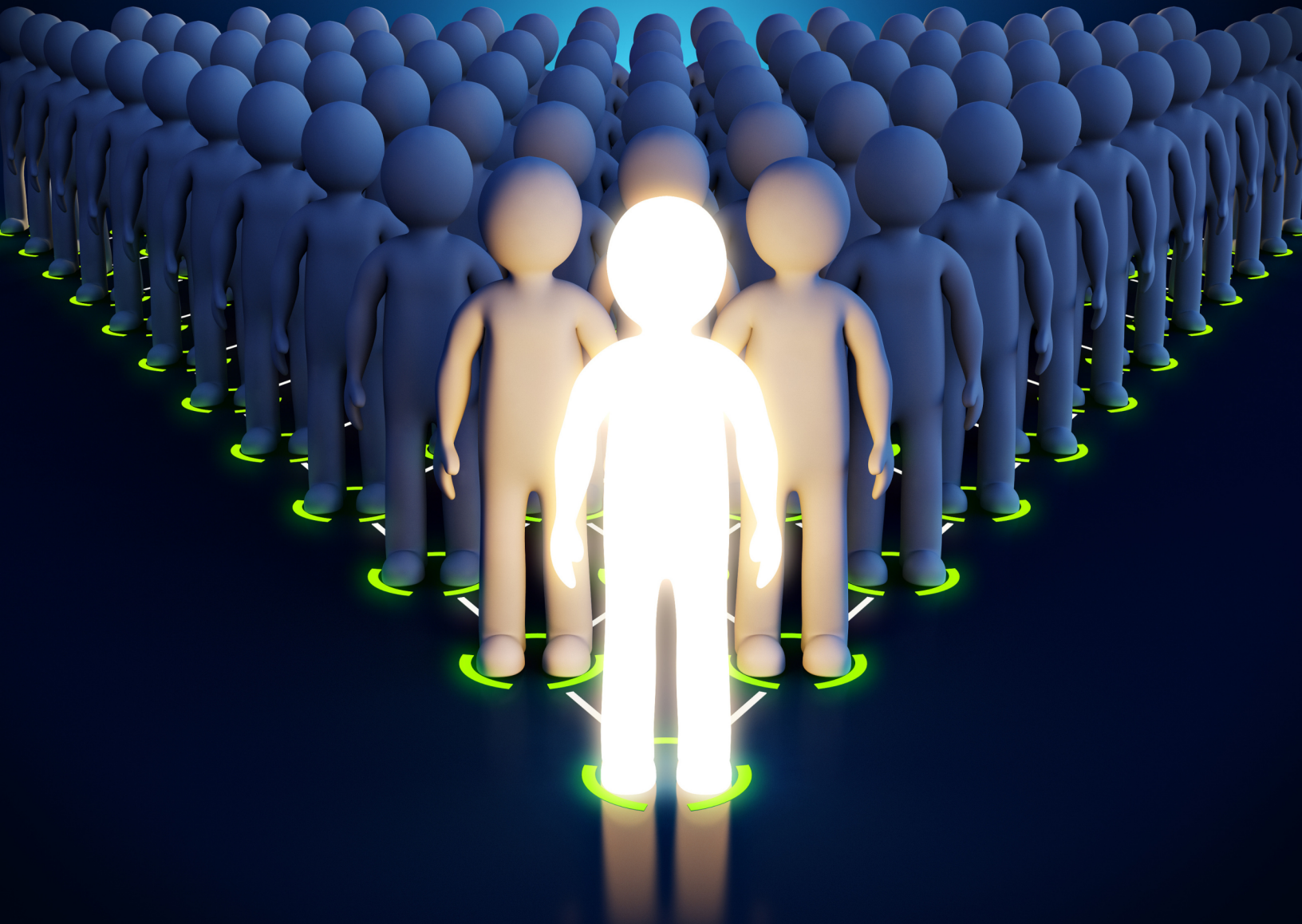




THE
JOHN BARRETT
LEADERSHIP PODCAST



LEADER GUIDE





Episode 33: How To Have Great Meetings

"Kevin Dunbar Boardroom vs. Lab

In Dunbar's study of how molecular biologists produced ideas, relatively few actually emerged in the lab. Instead, the most important ideas were generated during the regular lab meetings that brought together a dozen researchers working in different aspects of the field to informally present their latest work. These meetings "helped recontextualize problems, as questions from colleagues forced researchers to think about their experiments on a different scale or level." The interactions between people working in different specialized fields allowed new combinations of ideas, increasing for each researcher what Johnson calls the "adjacent possible." They also decreased the chances of useful errors being dismissed out of hand. The perspective of those who didn't know what was supposed to be the "correct" outcome of a colleague's work allowed the conceptualization of scenarios where those errors "might actually be meaningful."

3 Ingredients For A Great Meetings

1) _____

A team that isn't inspired inspires no one

2) _____

You are responsible for setting the atmosphere

3) _____

_____ does _____ by _____?