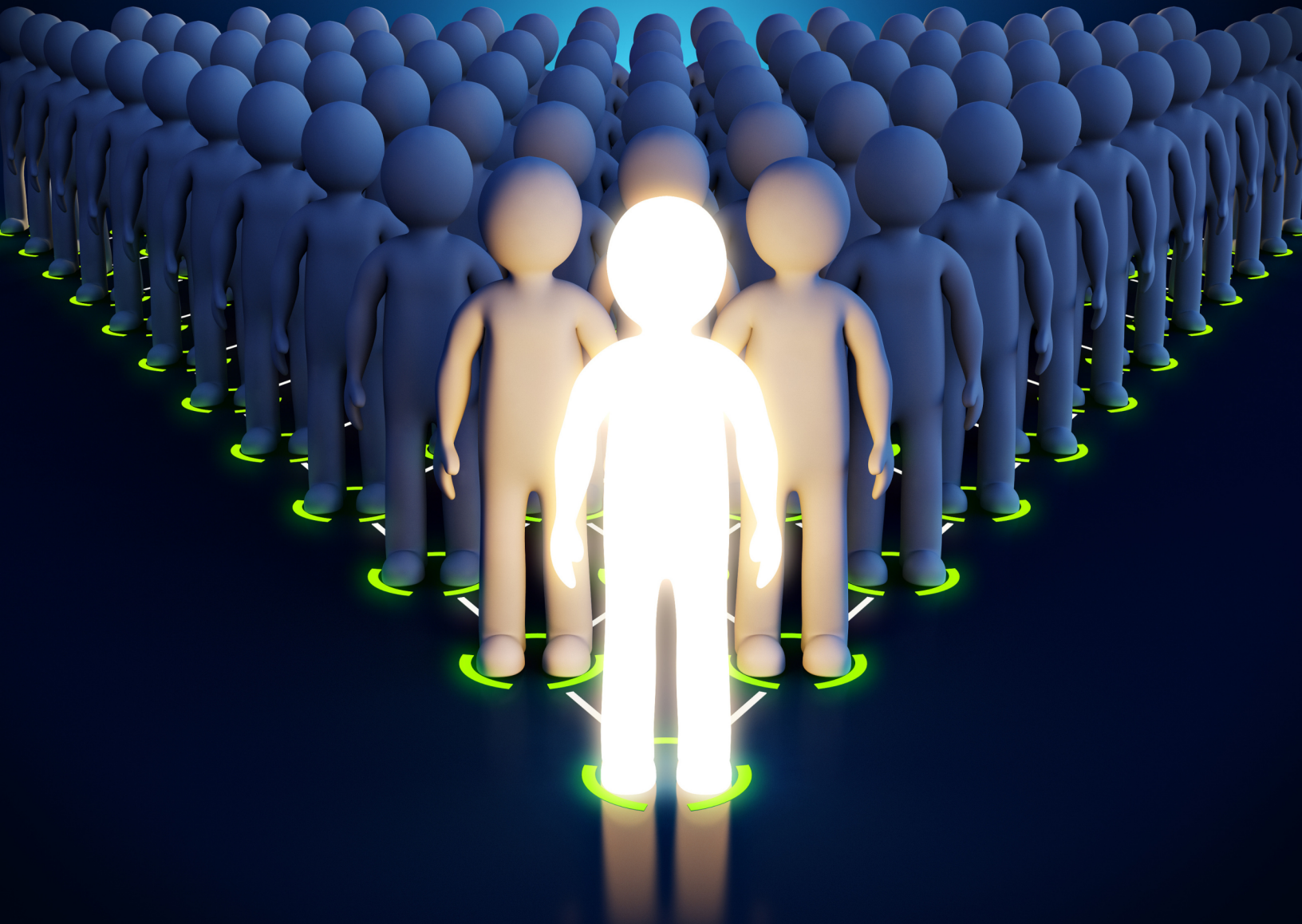




THE
JOHN BARRETT
LEADERSHIP PODCAST



LEADER GUIDE





Episode 27: How To Develop Confidence

NOTES:

The Confidence Formula:

Consistent effort, over time, multiplied by opportunity, equals confidence

Breakdown

1) Consistent Effort

Confidence requires you to get comfortable with being _____.

2) Over Time

TIME = _____.

3) Multiplied By Opportunity

_____ is the greatest enemy of confidence.

