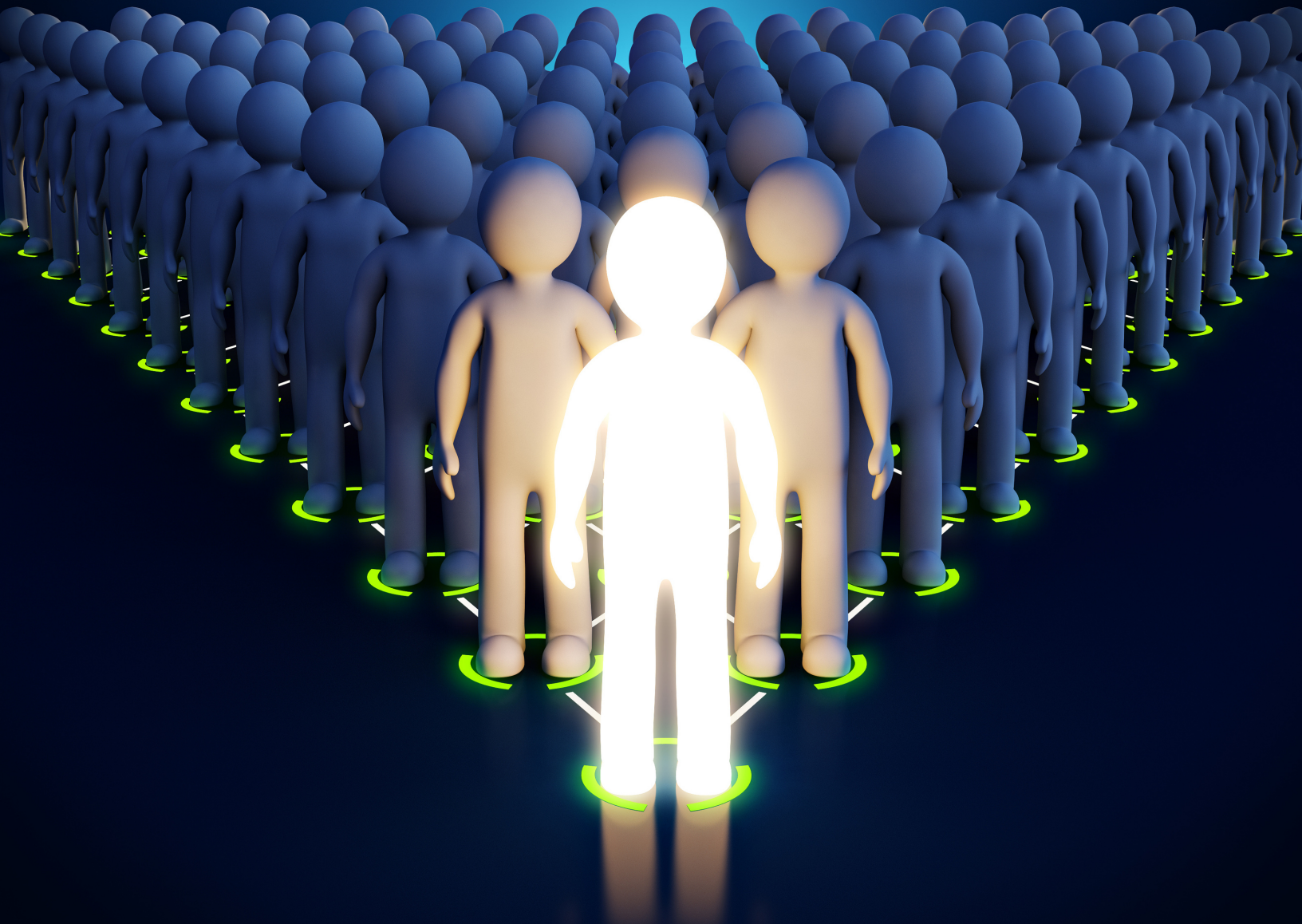




THE
JOHN BARRETT
LEADERSHIP PODCAST



LEADER GUIDE





Episode 25: 3 Myths & 3 Truths About Personal Growth

NOTES:

The 3 Myths:

- 1) Over _____, I will get better
- 2) The more _____ I have, the better I will be
- 3) I need _____ who will make sure I grow

The 3 Truths:

- 1) Growth Must Be _____
- 2) Growth Must Be A _____
- 3) Growth Must Be _____