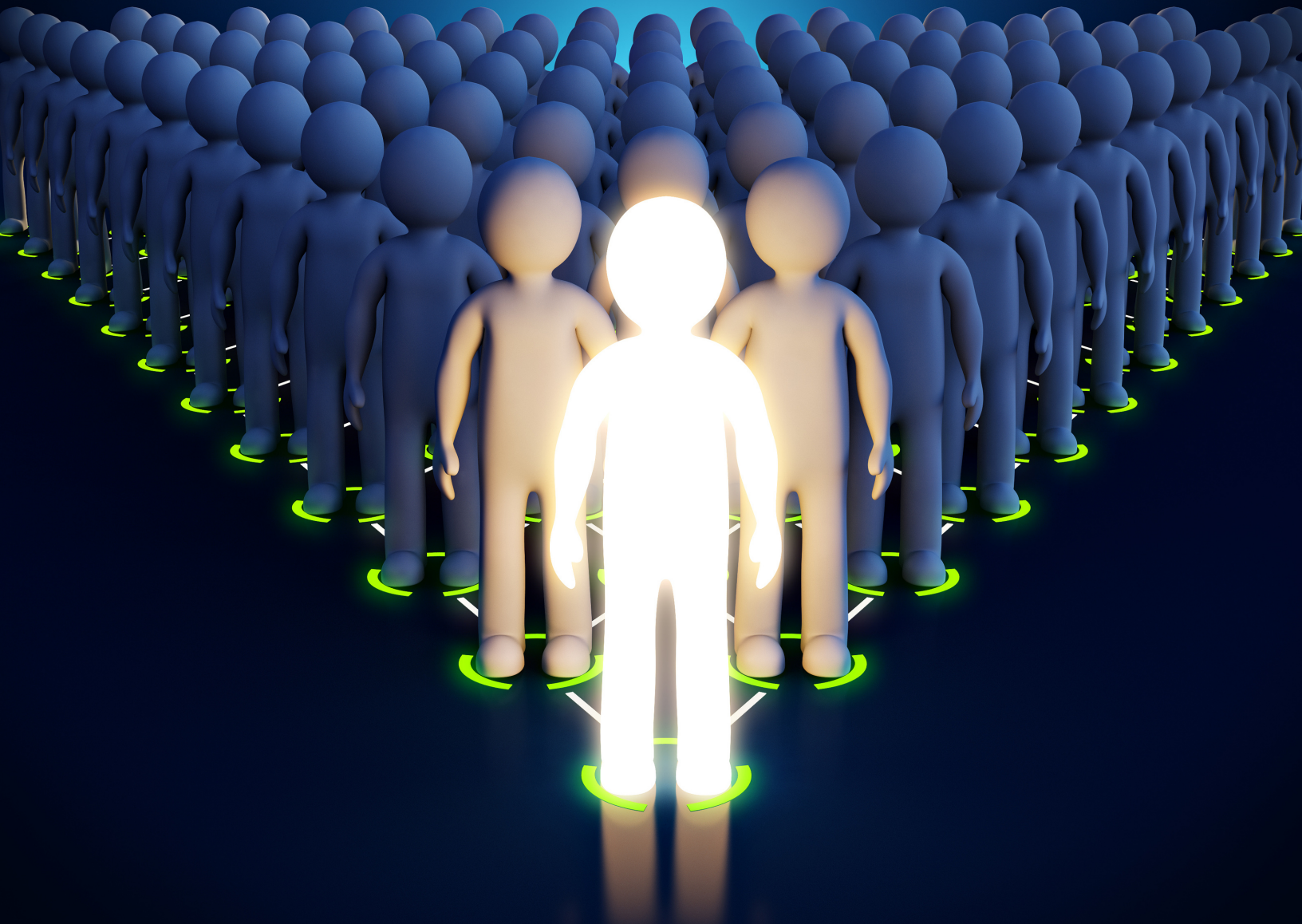




THE
JOHN BARRETT
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Episode 24: 5 Goal Setting Tips For The New Year

NOTES:

The 5 Tips

1) _____ Them Down

2) _____ Yourself

3) Take It _____

4) Shoot For _____ %

5) Get _____