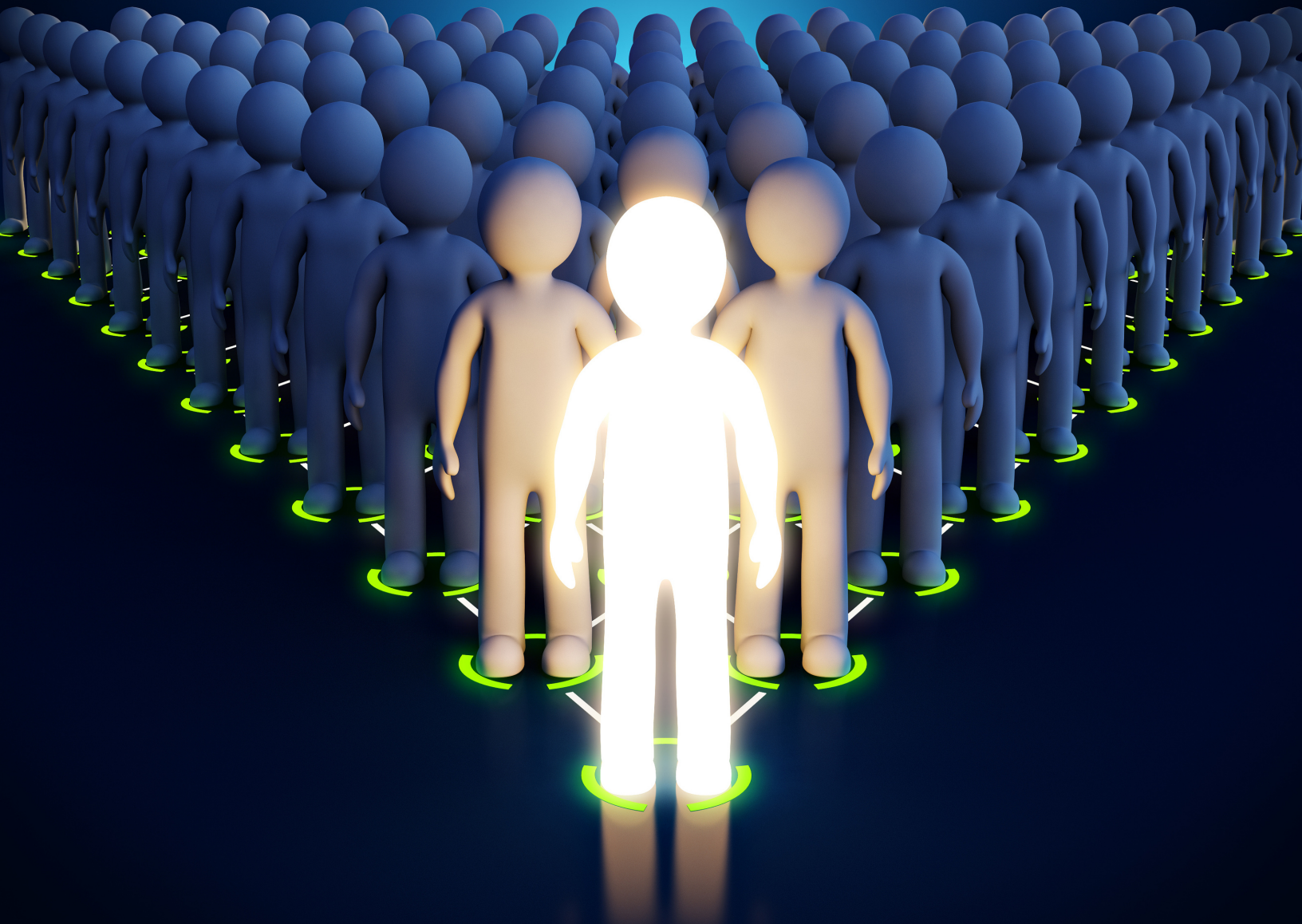




THE  
**JOHN BARRETT**  
LEADERSHIP PODCAST



# LEADER GUIDE





## Episode 22: The Energy Clock

### NOTES:

#### Ancient Greek Definitions For Time:

1) \_\_\_\_\_.

Chronological or sequential time.

2) \_\_\_\_\_.

Proper or opportune time.



#### Green Zone

\_\_\_\_\_ This Zone

\_\_\_\_\_ This Zone

#### Yellow Zone

\_\_\_\_\_ This Zone

\_\_\_\_\_ This Zone

#### Red Zone

\_\_\_\_\_ This Zone

\_\_\_\_\_ This Zone

